

# C.SIDE

AT COWLEY MANOR

## Application for C.Side Membership

Title \_\_\_\_\_ Name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Postcode \_\_\_\_\_

Telephone Number \_\_\_\_\_ Email \_\_\_\_\_

Date of Birth \_\_\_\_\_ Membership Fee \_\_\_\_\_

I am most interested in the following (please tick):

- Swimming
- The Gym
- Treatments
- Special Events

I hereby apply to become a member of C.Side Spa at Cowley Manor. I confirm that I have read the terms and conditions of membership and agree to be bound by these, and any amendments or alterations which may be enforced. I am happy to be communicated to by C.Side Spa and Cowley Manor by email or post.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Next of kin to be contacted in an emergency

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Postcode \_\_\_\_\_

*Please supply two passport size photographs with this form.*

# Terms & Conditions

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*Please read carefully and retain these conditions of membership and rules before you complete your membership application form.*

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## **A few rules and reminders at C.Side Spa**

- 1 Members need to produce a valid membership card and sign in each time they visit C.Side.
- 2 If a member is a resident in Cowley Village, we would ask if they could refrain from parking in the hotel car park when visiting C.Side.
- 3 Guests must be accompanied by a member throughout their visit, and are required to sign the visitor's book.
- 4 Members and guests are not allowed to use the facilities whilst under the influence of alcohol or drugs.
- 5 Members and guests are strongly advised not to leave money or valuables in C.Side. No responsibility will be accepted for the loss of such items.
- 6 For health, hygiene and safety reasons, members and guests are asked to shower before and after using the pools, steam room or sauna.
- 7 Please don't dive, jump or splash in the pool.
- 8 Appropriate dress code, including proper gym wear, is required at all times.
- 9 Members and guests are not permitted to bring their own food or drink onto the premises.
- 10 Smoking is not permitted anywhere within C.Side.
- 11 No shoes or outdoor clothing should be worn around the indoor pool area.
- 12 Please note that there may be times when C.Side is busy with hotel residents.
- 13 The gymnasium should only be used after individual assessment and advice.
- 14 C.Side employ staff to manage the facilities, but supervision of each facility is not possible at all times. Cowley Manor requires all members, hotel residents and their guests to ensure that their health and physical condition is such as not to involve any risk to themselves, or to any other person using the facilities, and reserves the right to withdraw any person from the facility who may be considered to constitute a risk. The pool areas are not supervised.
- 15 Shaving and brushing teeth are only permitted in the sinks in the changing rooms.
- 16 Unfortunately, no pets are permitted at C.Side.
- 17 Members are asked not to use mobile telephones or laptop computers at C.Side other than in the outside areas.
- 18 The facilities must be vacated when requested by the manager, or on the sounding of the fire alarm. The assembly point is in the car park.
- 19 We wish to point out that there may be children at C.Side, during allocated children's swimming hours between 9am - 5.30pm. Children (16 years and under) must be accompanied by an adult at all times. The adult will be responsible for their good behaviour and safety at all times whilst in C.Side.
- 20 Cowley Manor reserves the right to modify rules and conditions without notice, at any time.
- 21 Members will accept and be bound by the above conditions relating to membership. The purpose of these rules is to ensure the better enjoyment of the facilities by all users.

## **C.Side Membership Conditions**

- 1 C.Side is operated as a proprietary club owned by Cowley Manor Partnership (the owner) and the club located at Cowley Manor shall be administered by the hotel General Manager and C.Side Manager.
- 2 Any person wishing to become a member of C.Side shall complete the official application form, which should be submitted to the C.Side Manager, accompanied by a cheque in respect of the membership fee, and two passport size photographs.
- 3 The manager reserves the right to reject any application for membership without giving any reason for so doing, in which case any membership fee will be refunded immediately.
- 4 The successful applicant will be issued with a membership card, which will remain the property of C.Side and, upon termination of membership, must be returned to the manager. Membership is not transferable.
- 5 Membership will be for a period of twelve calendar months from the date of acceptance of membership. Membership is valid from Monday to Friday.
- 6 Subscriptions are not refundable.
- 7 Membership shall be renewed by payment to C.Side of the subscription on or before the subscription date shown on the membership card. The manager reserves the right to refuse renewal of membership without giving reason for the decision. Membership may be withdrawn at any time without notice at the sole discretion of C.Side.
- 8 Members may bring a maximum of three guests at any one time at an additional charge per visit (both children and adults). The member must remain with their guests and will be responsible for their behaviour throughout their stay and ensure they comply with C.Side rules. Except with the prior consent of the manager, no member shall at any time introduce any guest who has been rejected as a member, has frozen their membership or had their membership terminated or suspended.
- 9 Hotel residents (including children within specified hours) are automatically entitled to use the facilities of C.Side.
- 10 Management reserves the right to ask members and guests to leave C.Side should their behaviour be verbally or physically offensive, and in extreme circumstances reserves the right to terminate their membership.
- 11 Members and guests shall observe the directions of the C.Side Manager and members of the hotel management, and all rules, conditions and regulations that are displayed in C.Side.
- 12 C.Side Manager shall be entitled without prior notice, to vary the times at which the club is open. Also, individual facilities may be withdrawn without notice. There shall be no refund of the membership fee for any variation in the facilities available, or the times at which they may be used.
- 13 The pool areas are not supervised.
- 14 C.Side will not be responsible for any loss of, or damage to, property of members or guests, however caused.
- 15 The gym area should only be used after being shown how to do so by a qualified member of staff.
- 16 Members may break or freeze their membership for a minimum period of two months and for a maximum period of four months, once in any one membership year, by writing in advance to inform the C.Side Manager of the dates. Membership cards will be withdrawn during this period and a member may not use the facilities as a guest of another member whilst their own membership is frozen.
- 17 Any C.Side treatments, restaurant or bar bills at the hotel must be settled directly at time of purchase.
- 18 All members will accept and be bound by the above conditions relating to membership and in addition to the rules of conduct at C.Side. The purpose of the rules and conditions is to ensure the better enjoyment of the facilities by all users. Any dispute or difference which may arise in regard to the interpretation of these rules and conditions shall be determined by the hotel management, whose decision shall be final and binding on all members.